



**Small group programs designed to empower individuals to feel confident making choices that help them to be happy and healthy adults**

*Each group of participants create their own program with us!*

*With dozens of mini workshops to choose from, no two programs will be the same.*

Some of the mini workshops offered



**Cooking & Fire Safety**



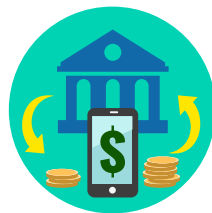
**Online Safety**



**Self-advocacy**



**Social Awareness**



**Understanding your money**



**Community involvement**

**Mondays & Wednesdays, 9:30am - 2:00pm**

**NDIS Fee: In line with NDIS price guide**



**08 8382 8219**

**<https://legacylifestylesupports.com.au/events-more/>**

